



You were meant to be happy. And have an impact with your career.

You were designed to have a life of meaning and feel connected with those around you.

So why is it so difficult?

Why is it that we so often show up feeling anxious?

Here's what this One Hour Workshop with Vanessa can do for you:

- Give you practical ways to transcend worry and develop inner calm and happiness
- Invite you to think bigger and deeper about your life and how you really desire to show up in the world
- Support you in transforming the biggest complaint in your life into something you really want to create

Who should come

Those of you who are tired of feeling stressed out and exhausted with not enough time for yourself or other people who are important to you. People who want proven tools to feel more happy and fulfilled.

Join us on **Wed, Nov 16th 12-1pm** in room **CL5-Aziren** for this exclusive workshop.

Learn More: www.akoyapower.com